



## ***Preparing Baby's First Foods***

**Come Join a Cooking Class designed for baby's first year. Nutritionally appropriate foods can be easily prepared for various stages of baby's palette and fine motor skills.**

**Earth Fare Grocery Store's Demonstration Kitchen**

**10341 Moncreiffe Rd, Raleigh, NC**

**Tuesday, February 15 from 7pm – 8pm**

**Free of Charge – Bring your baby/ toddler!**

**For Additional Information, Contact Frances Cronlund, 919-624-2339**